

Announces

L.E.A.P. Communication Online Training Series

First & Third Thursday of the Month

Starting October 1, 2026 until January 21, 2027

6:00 – 7:30p via Zoom

This online training is designed to help improve communication with our loved ones. The course will focus on the communication approach developed by internationally known clinical psychologist Dr. Xavier Amador. **Series prerequisite is to read the book: *I AM NOT SICK, I Don't Need Help!*® 25th Anniversary Edition before October 1, 2026;**



or have completed NAMI's *Family to Family* Course.

Registration is required for participants.

Please visit our website: www.namiwarren.org

For information email: supportgrps@namiwarren.org or call 908-301-1030 ext. 2



The text for the training series will be Dr. Amador's book *I'm Right, You're Wrong, Now What?*

Participants must purchase this book before the first session.